

Participation of Chloride Channels in Cardiovascular and Kidney Health. Effects of High Chloride Diets on Blood Pressure in an Experimental Model of Saline Overload

Participación de los canales de cloruro en la salud cardiovascular y renal. efectos de dietas altas en cloro sobre la presión arterial en un modelo experimental de sobrecarga salina

MARÍA J. RUDI¹, NICOLÁS M. KOUYOUUMDZIAN^{1,2}, MELANIE KIM¹, NATALIA L. RUKAVINA MIKUSIC^{1,2}, HYUN J. LEE¹, MÓNICA GALLEANO^{3,4}, BELISARIO FERNÁNDEZ⁵; ANA PUYÓ¹, MARCELO R. CHOI^{1,2,5}

ABSTRACT

Background: Excessive consumption of salt (sodium chloride, NaCl) in the diet leads to the development of hypertension (HTN) and target organ damage. It is known that the ClC-K1 and ClC-5 channels are essential regulators of the chloride (Cl⁻) anion, but the contribution of this anion to salt-harmful effects remains unknown.

Objective: The aim of this study was to evaluate the participation of Cl⁻ in the renal inflammatory and oxidative response and in the development of HTN.

Methods: Male Wistar rats were divided into four groups (n=8/group) and fed with different diets for 3 weeks: control (C group); NaCl 8% (NaCl group); high Na⁺ diet: sodium citrate (Na₃C₆H₅O₇) 11.8% (Na group); high Cl⁻ diet: calcium chloride (CaCl₂) 3.80%, potassium chloride (KCl) 3.06% and magnesium chloride (MgCl₂) 1.30% (Cl group). Systolic blood pressure (SBP), renal function, oxidative stress and inflammation markers in the renal cortex, and renal expression of the chloride ClC-K1 and ClC-5 channels were assessed.

Results: An increase in SBP, glutathione peroxidase (GPx) activity, and renal expression of nuclear factor kappa B (NFκB) and angiotensin II type 1 receptor (AT1R) were observed in the NaCl and Cl groups (p<0.05). The production of thiobarbituric acid reactive substances (TBARS) increased in the experimental groups compared with C. The expression of Parkinson disease protein 7 (PARK7) decreased in the Cl group compared with C (p<0.05). The NaCl and Cl groups showed increased expression of ClC-K1, while ClC-5 was reduced in the NaCl group compared with C (p<0.05).

Conclusion: Cl⁻ would be co-responsible together with Na⁺ in triggering oxidative and inflammatory kidney damage and increasing blood pressure. This indicates the importance of reducing the intake of both ions as a non-pharmacological preventive measure for the prevention and control of HTN. The role of ClC-K1 and ClC-5 channels as mediators of this process remains to be confirmed.

Keywords: Chloride Anion – Sodium Cation – Sodium Chloride – Arterial Hypertension – Chloride Channels.

RESUMEN

Introducción: El consumo excesivo de sal (cloruro de sodio, NaCl) en la dieta conduce al desarrollo de hipertensión arterial (HTA) y daño de órgano blanco. Se sabe que los canales ClC-K1 y ClC-5 son reguladores esenciales del anión cloruro (Cl⁻), pero la contribución de este anión a los efectos deletéreos de la sal es aún desconocida.

Objetivo: El objetivo de este trabajo fue evaluar la participación del Cl⁻ en la respuesta inflamatoria y oxidativa renal y en el desarrollo de HTA.

Material y métodos: Ratas Wistar macho se dividieron en cuatro grupos (n=8/grupo) y se alimentaron con diferentes dietas durante 3 semanas: control (grupo C); NaCl 8% (grupo NaCl); dieta alta en Na⁺: citrato de sodio (Na₃C₆H₅O₇) 11,8% (grupo Na); dieta alta en Cl⁻: cloruro de calcio (CaCl₂) 3,80%, cloruro de potasio (KCl) 3,06% y cloruro de magnesio (MgCl₂) 1,30% (grupo Cl). Se determinó la presión arterial sistólica (PAS), función renal, marcadores de estrés oxidativo y de inflamación en corteza renal, y la expresión renal de los canales de cloruro ClC-K1 y ClC-5.

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Correspondence: Julieta Rudi. E-mail: mjulietarudi94@gmail.com



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¹ University of Buenos Aires (UBA). School of Pharmacy and Biochemistry (FFyB). Department of Biological Sciences, Chair of Anatomy and Histology. Buenos Aires, Argentina.

² CONICET-UBA, Alberto C. Taquini Institute of Translational Medicine Research (IATIMET). Buenos Aires, Argentina.

³ CONICET-UBA, Institute of Biochemistry and Molecular Medicine (IBIMOL). Buenos Aires, Argentina.

⁴ UBA. FFyB. Department of Analytical Chemistry and Physical Chemistry, Chair of Physical Chemistry. Buenos Aires, Argentina.

⁵ Fundación H.A. Barceló, University Institute of Health Sciences. CABA, Argentina.

Resultados: Se observó un aumento de la PAS, actividad de glutatión peroxidasa (GPx) y expresión renal de factor nuclear kappa B (NFkB) y receptor de angiotensina II tipo 1 (AT1R) en los grupos NaCl y Cl ($p < 0,05$). La producción de sustancias reactivas del ácido tiobarbitúrico (TBARS) aumentó en los grupos experimentales con respecto a C. La expresión de la proteína de Parkinson 7 (PARK7) disminuyó en el grupo Cl en comparación con C ($p < 0,05$). Los grupos NaCl y Cl mostraron una mayor expresión de ClC-K1, mientras que ClC-5 se redujo en el grupo NaCl en comparación con C ($p < 0,05$).

Conclusión: El Cl⁻ sería corresponsable, junto con el Na⁺, de desencadenar daño oxidativo e inflamatorio renal y aumentar la presión arterial; por ello se deduce la importancia de reducir la ingesta de ambos iones como medida preventiva no farmacológica para la prevención y control de la HTA. El rol de los canales ClC-K1 y ClC-5 como mediadores de este proceso queda aún por confirmarse.

Palabras clave: Anión cloruro – Cation sodio – Cloruro de sodio – Hipertensión arterial – Canales de cloruro.

INTRODUCTION

Excessive consumption of sodium chloride (NaCl) in the diet is a risk factor for the development of hypertension (HTN) and target organ damage. In the kidney, salt overload induces oxidative stress and inflammation, independently of the blood pressure value. Clinical studies suggest that blood pressure is not increased by a high Na⁺ diet in the absence of chloride anion (Cl⁻), (1-3) since sodium bicarbonate does not have the same pressor effect as NaCl in hypertensive people. (2,4) The most recent studies suggest that chloride may have a more specific role in “salt-sensitive” hypertension, independent of the hypertensive effect of sodium. (5-7)

On the other hand, it is known that chloride channels closely regulate the concentrations of this anion in both the intracellular and extracellular compartments. These channels are classified into four groups: family of chloride channels (ClCs), calcium-activated chloride channels (CaCCs), cystic fibrosis transmembrane conductance regulators (CFTR) and γ -aminobutyric acid type A (GABAA) receptors. ClCs constitute a large family of voltage-gated channels and is the family of chloride channels most involved in the development of HTN. (8-14) They include nine subtypes: ClC-1 to ClC-7, ClC-K1, and ClC-K2. (15) It has recently been shown in vitro that high concentrations of NaCl decrease the expression levels of ClC-5. (16) Finally, it is known that high concentrations of NaCl are associated with an increase in the renal expression of the ClC-K1 channel. (17) However, it is unknown what effects a diet rich in chlorides has on the expression of these channels.

The aim of this work was to evaluate whether the Cl⁻ anion, in addition to the Na⁺ cation, would be involved in the renal inflammatory and oxidative response and in the development of HTN.

METHODS

Animals and diets

Male, 7-week-old Wistar rats with average body weight (BW) of 155-165 g at the beginning of the diet were used. They were divided into a control group and three experimental groups (n=8/group) and were fed different equimolar diets and ad libitum tap water for 3 weeks:

- 1) Control: normal sodium and chloride diet (C Group);
- 2) NaCl 8% W/W: high-sodium and high chloride diet (NaCl Group);
- 3) High in Na⁺ without Cl⁻: high-sodium and normal chlo-

ride diet (sodium citrate, Na₃C₆H₅O₇, 11.8% W/W) (Na Group);

- 4) High in Cl⁻ without Na⁺: high chloride and normal sodium diet (calcium chloride, CaCl₂, 3.80%; potassium chloride, KCl, 3.06% and magnesium chloride MgCl₂, 1.30% W/W) (Cl Group).

The diets were prepared by the Nutrition Chair of the Faculty of Pharmacy and Biochemistry, of the University of Buenos Aires (UBA).

Assessment of systolic blood pressure (SBP)

Systolic blood pressure was assessed at time 0 (baseline), and at weeks 1, 2 and 3 using the plethysmographic method in the rat's tail.

Assessment of urinary and plasma parameters and evaluation of renal excretory function

After 3 weeks of diet, the animals were housed in metabolic cages for two days: one for acclimatization and another for 24-hour urine collection to measure diuresis, urinary concentrations of Na⁺ and Cl⁻ (mEq/L) and creatinine (mg/dL).

On the day of euthanasia, while under anesthesia, blood was drawn from the retroocular sinus. Plasma concentrations of Na⁺, Cl⁻, creatinine, glucose and urea were measured using an autoanalyzer. Plasma osmolarity (mOsm/kg) was estimated as: 2*natremia (mEq/L) + 1/18*glycemia (mg/dL) + 1/6*uremia (mg/dL).

Creatinine clearance (CrCl) was calculated according to:

$$\text{CrCl} = (\text{urine creatine/serum creatinine}) * \text{diuresis/time/BW}$$

The filtered load (FL) and the parameters of renal excretory functionality, urinary excretion (UE) and fractional excretion (FE) of the different ions, were determined, based on the following standard formulas:

$$\text{FLNa} = \text{CrCl} * \text{serum sodium}$$

$$\text{UENa} = \text{diuresis} * \text{urinary sodium}$$

$$\text{FENa} = (\text{UENa/FLNa}) * 100$$

$$\text{FLCl} = \text{ClCr} * \text{serum chloride}$$

$$\text{UECl} = \text{diuresis} * \text{urinary chloride}$$

$$\text{FECl} = (\text{UECl/FLCl}) * 100$$

Diuresis, CrCl, FL, and UE were normalized by the BW of each rat and are expressed in mL/day/kg, mL/min/kg or mEq/day/kg, while FE is expressed as percentage (%).

Euthanasia, kidney removal and sample processing

Both kidneys were removed under anesthesia. The renal cortex was dissected, homogenized in phosphate buffered saline (7.6 mM KH₂PO₄, 42.4 mM K₂HPO₄, 150 mM NaCl, pH: 7.40) and centrifuged at 600 g for 20 minutes at 4°C. In the supernatant, thiobarbituric acid reactive substances (TBARS), and activity and expression of the antioxidant enzyme glutathione peroxidase (GPx) were assessed. Protein expression was eval-

uated using the Western Blot technique and protein content was measured by the Lowry method. (18)

Assessment of TBARS and enzymatic activity

TBARS content was assessed fluorometrically in renal cortex homogenates. (19) Results are expressed as TBARS nmol of malondialdehyde (MDA) equivalents/mg protein.

GPx activity was measured spectrophotometrically following the enzymatic oxidation of NADPH at 340 nm in the presence of 1 mm glutathione (GSH), 1 mm sodium azide (NaN_3), 0.15 mm nicotinamide adenine dinucleotide phosphate (NADPH) and 0.25 units (U)/mL of glutathione reductase. The results are expressed in μmol oxidized NADPH/mg protein/min, which is equivalent to μmol oxidized glutathione (GSSG)/mg protein/min. (20)

Western Blot

To assess the expression of the nuclear factor kappa B (NF κ B) protein, glutathione peroxidase (GPx), angiotensin II type 1 and 2 receptors (AT1R, AT2R), Parkinson disease protein 7 (PARK7), CIC-5 and CIC-K1, 120 μg of proteins were diluted in sample buffer and separated by electrophoresis in acrylamide gels under denaturing conditions (SDS 10%). Then, they were electrotransferred to a nitrocellulose membrane. Subsequently, the membranes were blocked for 1 h at room temperature with 3% nonfat dry milk diluted in tris buffered saline (TBS)-Tween. They were incubated overnight at 4°C with the corresponding primary antibodies, which were diluted 1:1000 in phosphate buffered saline (PBS). After 1 h of incubation with the respective secondary antibodies conjugated with horseradish peroxidase (1:2000), and 1 h of incubation with Streptavidin-Peroxidase (1:2000), the proteins were revealed using a chemiluminescence kit. The bands obtained were analyzed using the ImageJ program. The results were normalized to values of β -actin, β -tubulin, or glyceraldehyde 3-phosphate dehydrogenase (GAPDH).

Kidney histology

The kidneys were fixed in 10% formaldehyde to subsequently follow the conventional histological technique consisting of paraffin embedding, 7- μm thick tissue sections with a microtome and staining with hematoxylin-eosin (H-E). Then, the histological preparations were qualitatively analyzed with a bright-field optical microscope coupled to a digital camera (Nikon).

Statistical analysis

The results are expressed as mean \pm standard error of the mean (SEM). A two-way analysis of variance (ANOVA) and the Tukey test were used to analyze the data using the InfoStat program. Differences with $p < 0.05$ were considered statistically significant.

Ethical considerations

The experimental protocol was approved by the Institutional Committee for the Care and Use of Laboratory Animals (CICUAL) of the Faculty of Pharmacy and Biochemistry of the University of Buenos Aires (UBA) under resolution N°1881/2019. The procedures were carried out following the instructions of the "Guide for the care and use of laboratory animals". (21)

RESULTS

Time evolution of systolic blood pressure

Control rats remained normotensive during the 3 weeks of treatment. SBP increased in the three exper-

imental groups from the second week onwards. The differences were statistically significant with respect to baseline and the C group values for the NaCl and Cl diets (Table 1).

The NaCl group reached the highest SBP values in the second and third week, while the increases in the Cl and Na groups were lower than those reached in the NaCl group. As can be seen in Table 1, SBP in the Na group showed a lower elevation with respect to the other two experimental groups, but without reaching significant differences with respect to the C group.

Plasma and urinary parameters

Regarding serum creatinine, sodium, chloride, and plasma osmolarity (estimated from serum sodium, glucose, and urea), no significant differences were observed in any of the groups. Compared with the C group, urinary creatinine decreased in the other three groups, and urinary sodium increased in the high sodium diet groups (NaCl and Na) and decreased in the Cl group. The urinary sodium/chloride index, which evaluates urinary equimolarity between the two ions, increased significantly in the Na group, and reached values very close to equimolarity in the Cl group (Table 2).

Diuresis increased in the three groups with respect to C, while CrCl decreased in the NaCl and Na groups. In the NaCl and Na groups, UENa, FENa, UECl and FECl increased compared with the C group (Table 2).

Compared with the NaCl group, an increase in UENa and a decrease in UECl were observed in the Na group. Similarly, in the Na group, FECl was lower than FENa.

The Cl group did not show significant differences with respect to the C group, but it did show significant differences compared with the NaCl and Na groups, with a lower urinary and fractional excretion of both ions (Table 1).

Oxidative stress and inflammation markers in the renal cortex

TBARS increased in the renal cortex in the experimental groups compared with the C group (Figure 1 A). On the other hand, while GPx protein expression was not modified in any group, the activity of this enzyme increased in the NaCl and Cl groups with respect to C and Na groups (Figure 1 B).

Increased renal expression of p50-NF κ B and AT1R was observed in the NaCl and Cl groups compared with the other two groups (Figures 1C and D, respectively). The expression of AT2R was significantly reduced in the NaCl and Cl groups (Figure 1E). The expression of PARK7 was decreased in the Cl group compared with the C group (Figure 1F). Finally, while CIC-5 was significantly reduced in the NaCl group compared with the C group (Figure 2A), the NaCl and Cl groups showed higher expression of CIC-K1 (Figure 2B)

Histological characteristics of the renal parenchyma

Figure 3 shows representative microphotographs of the histological characteristics of the renal parenchy-

	Systolic blood pressure (mm Hg)			
	Control	NaCl	Na	Cl
Week 0	122±3	127±3	122±3	114±4
Week 1	121±5	142±5	141±8	146±4
Week 2	129±5	168±7*&§	141±9\$&	151±4*&
Week 3	125±9	164±8*&§	133±4\$&	152±7*&Δ
Parameters of renal excretory functionality				
Diuresis (mL/day/kg)	10 ± 2	78 ± 14*	92 ± 15*	51 ± 21Δ
CrCl (mL/min/kg)	3.55 ± 0.55	2.21 ± 0.29*	2.41 ± 0.19*	3.01 ± 0.53
UENa (mEq/dia/kg)	1.2 ± 0.3	22.9 ± 4.3*	34.4 ± 6.2*\$	1.1 ± 0.3\$Δ
FENa (%)	0.15 ± 0.04	5.24 ± 1.74*	6.82 ± 0.97*	0.15 ± 0.03\$Δ
UECl (mEq/dia/kg)	1.4 ± 0.3	26.5 ± 5.1*	7.8 ± 1.5*\$	1.1 ± 0.3\$Δ
FECl (%)	0.27 ± 0.07	8.39 ± 2.70*	2.23 ± 0.33*\$@	0.24 ± 0.04\$Δ

Cl⁻: chloride; CrCl: creatinine clearance; FE: fractional excretion; UE: urinary excretion; Na: sodium; NaCl: sodium chloride

* p<0.05 vs. control; \$ p<0.05 vs. NaCl; @ p<0.05 vs. FENa; Δ p<0.05 vs. Na; & p<0.05 vs. t=0; § p < 0.05 vs. 1st week.

Table 1. Time evolution of systolic blood pressure and parameters of renal excretory functionality

	Plasma and urinary parameters			
	Control	NaCl	Na	Cl
Serum creatinine (mg/dL)	0.56 ± 0.04	0.64 ± 0.04	0.62 ± 0.03	0.63 ± 0.04
Serum sodium (mEq/L)	151 ± 5	144 ± 2	147 ± 3	144 ± 2
Serum chloride (mEq/L)	102 ± 2	100 ± 1	101 ± 3	99 ± 1
Serum urea (mg/dL)	27 ± 1	38 ± 4*	49 ± 4*\$	22 ± 2*\$Δ
Plasma osmolarity (mOsm/kg)	319 ± 9	311 ± 4	321 ± 7	306 ± 5
Urinary creatinine (mg/dL)	316 ± 42	52 ± 17*	22 ± 4*	71 ± 24*Δ
Urinary sodium (mEq/L)	117 ± 31	293 ± 41*	360 ± 43*	26 ± 11*\$Δ
Urinary chloride (mEq/L)	145 ± 37	345 ± 48*	83 ± 8*\$	29 ± 12*\$Δ
Urinary Na ⁺ /Cl ⁻ index	0.77 ± 0.09	0.84 ± 0.05	4.30 ± 0.23*\$	0.99 ± 0.26Δ

Cl: chloride; Na: sodium; NaCl: sodium chloride

* p<0.05 vs. control; \$ p<0.05 vs. NaCl; Δ p<0.05 vs. Na.

Table 2. Plasma and urinary parameters

ma from the 4 experimental groups, using H-E technique. The qualitative histological analysis shows that the animals of the NaCl and Cl groups exhibited more pronounced tubulointerstitial changes characterized by tubular dilation compared with the C group. In addition, both groups also exhibited urinary space dilation with respect to the C group. Finally, the Na group evidenced the presence of less pronounced changes compared with the other two experimental groups.

DISCUSSION

Temporal evolution of systolic blood pressure

The results of this study suggest that NaCl overload is associated with HTN. Increased SBP is also related to chloride overload, since the Cl group attained pressure values over 140 mmHg, above the Na group. The Cl⁻ anion is a NaCl component that could have a more specific role in salt-sensitivity, and that could be even more significant than Na⁺. (14) Other studies carried out in *Dahl* “salt-sensitive” rats demonstrated that, throughout several weeks, HTN developed in animals consuming NaCl, but not in those fed with sodium bicarbonate (NaHCO₃) or other Na⁺ salts. (22-24)

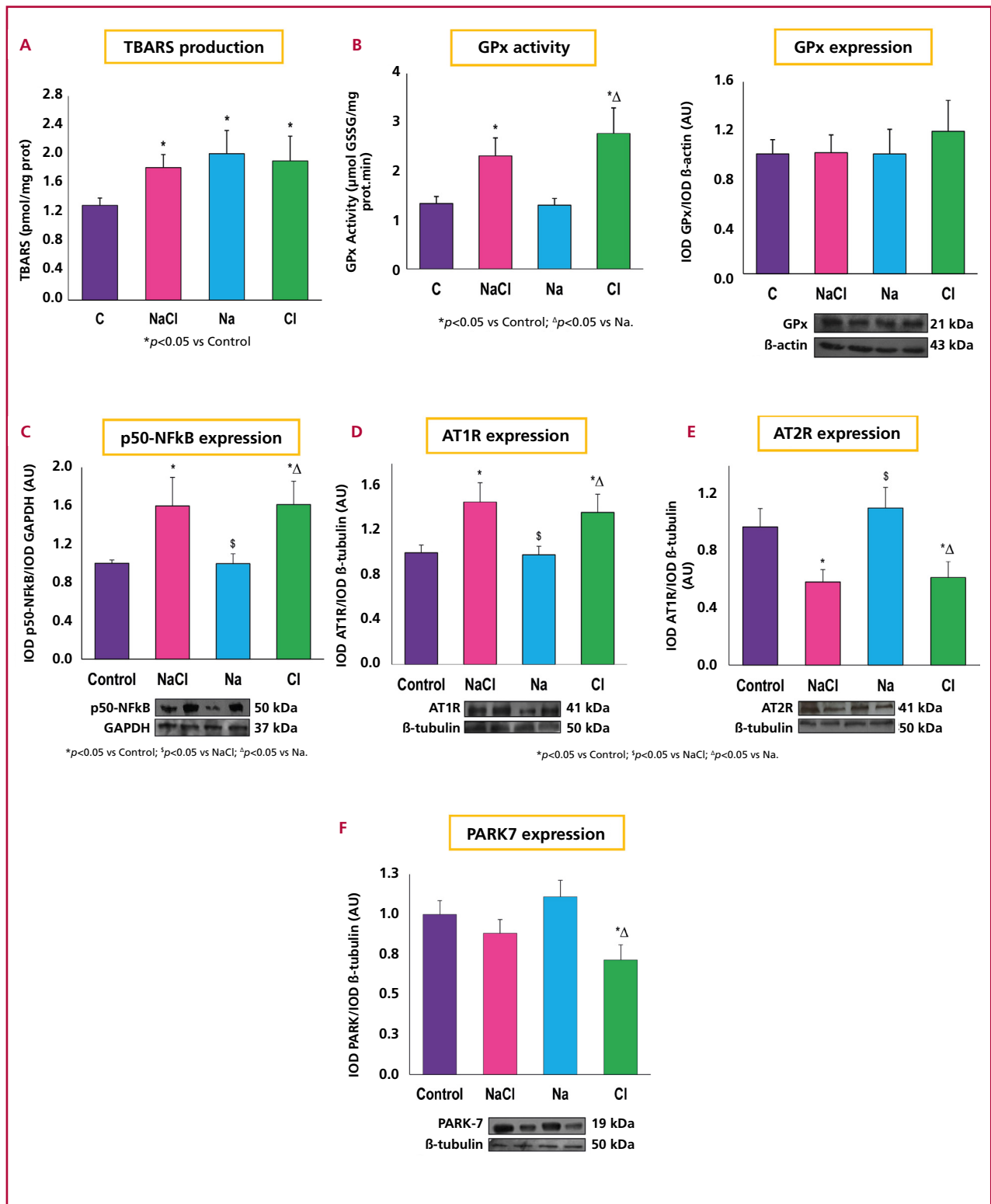
On the other hand, the overeating of “non-sodium”

chloride salts, that is accompanied by a lower urinary excretion of Cl⁻ than that produced in the presence of Na⁺, could be related with a selective Cl⁻ accumulation in the organism, leading to the development of “salt-sensitive” HTN. (25-27)

Plasma and urinary parameters

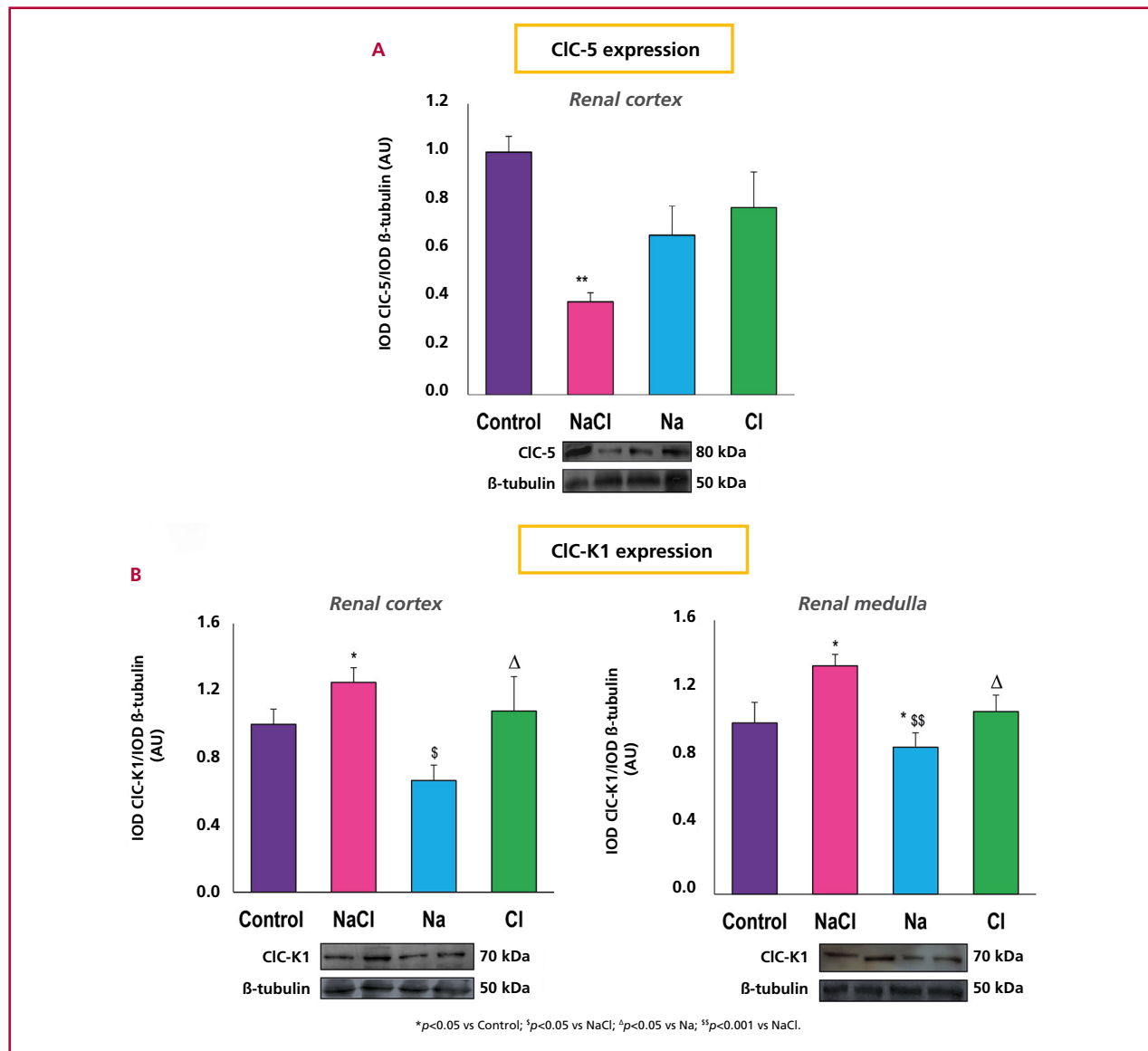
The absence of changes in the plasma concentrations of sodium and chloride and osmolarity are evidence of the biological efficiency of physiological mechanisms to compensate for a possible hypernatremia and/or hyperchloremia, and to preserve plasma osmolarity.

Natriuria and urinary chloride increased in the NaCl group with respect to the C group, and the Na⁺/Cl⁻ index was similar in both groups. In the Na group it is possible that the secretion and excretion of bicarbonate increases with respect to the other groups, a result consistent with the Na⁺/Cl⁻ urinary index, suggesting that Cl⁻ is not the main counterion of excreted Na⁺. The objective of HCO₃⁻ secretion is to compensate for the metabolic alkalosis in the animals receiving Na⁺ citrate and, as a consequence, Cl⁻ reabsorption would be increased and its excretion decreased, since the Cl⁻/HCO₃⁻ exchanger would present greater



Cl: chloride; Na : sodium; NaCl: sodium chloride; AU: arbitrary units
 * p<0.05 vs. Control; \$ p<0.05 vs. NaCl; Δ p<0.05 vs. Na.

Fig. 1. Oxidative stress and inflammation markers in the renal cortex. A) TBARS: Thiobarbituric acid reactive substances . B) GPx: Glutathione peroxidase. C) p50-NFκB: Nuclear factor kappa B; GAPDH: glyceraldehyde 3-phosphate dehydrogenase D) AT1R : Angiotensin II type I receptor E) AT2R: Angiotensin II type 2 receptor . F) PARK7: Parkinson disease protein 7.



Cl: chloride; Na: sodium; NaCl: sodium chloride
[#]p<0.0001 vs. Control; ^{*}p<0.05 vs. Control; ^{\$}p<0.05 vs. NaCl; ^{$\Delta$} p<0.05 vs. Na; [†]p<0.001 vs. NaCl.

Table 2. Renal expresión of CIC-5 and CIC-K1 chloride channels

expression in the apical membranes of the distal, convoluted, collector, cortical and connector tubule cells, independently of the Na⁺ cation. (14) The low urinary chloride in the Cl⁻ group is striking compared with the control rats, suggesting that it is also necessary to eliminate Na⁺ as a counterion for its excretion.

These results indicate that the Cl⁻ anion would be accumulating in some compartment, such as the skin, since its plasma levels continue to be normal. (26,27)

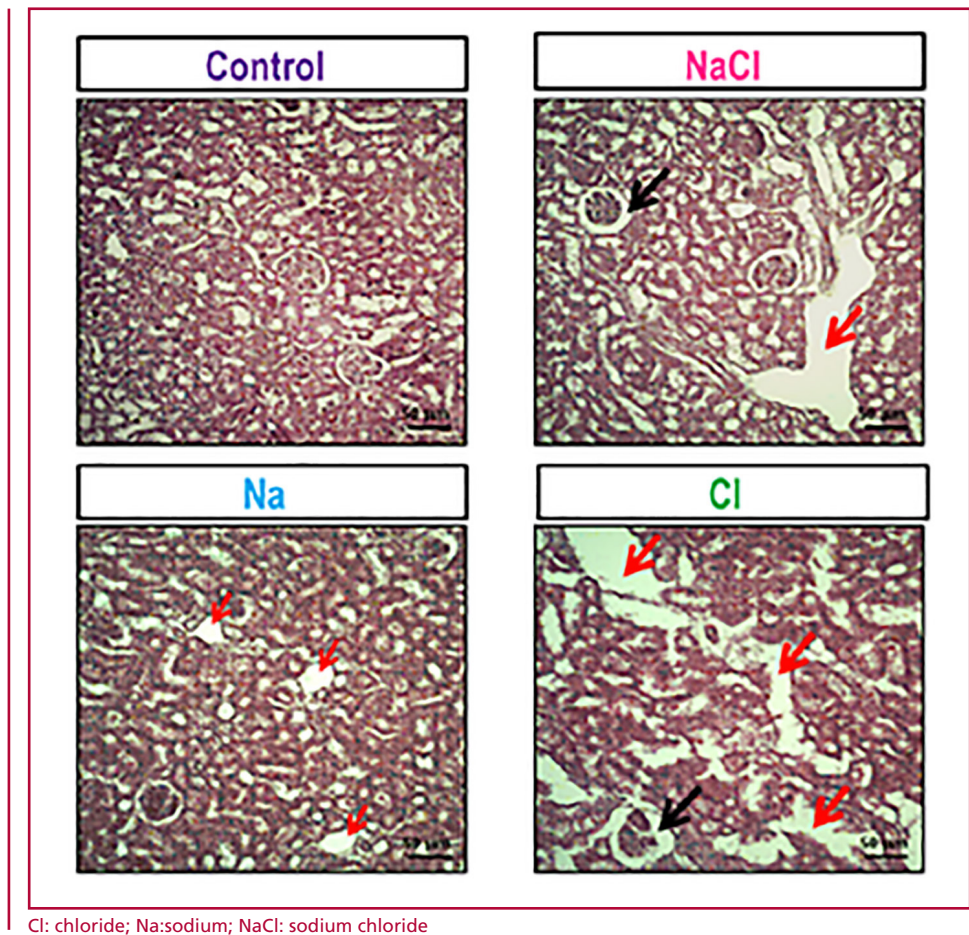
Oxidative stress and inflammatory markers in the kidney

Na⁺, Cl⁻ or both ions overload in the diet was associated with an increase of lipid peroxidation in the renal cortex, represented by increased TBARS production.

The prooxidant state in these cells is characterized by increased production of reactive oxygen species (ROS). Despite GPx protein expression was not affected, its activity was increased. Its regulation is related with post-translational modifications taking place in the active site of the enzyme, independently that its expression varies or not. (28)

Cl⁻ can convert to hypochlorous acid (HOCl) in the presence of hydrogen peroxide (H₂O₂), a reaction catalyzed by the myeloperoxidase enzyme (MPO). (29) The reactions of oxidative damage to the biomolecules are predominantly associated in most cases with secondary reactive nitrogen species (RNS) as peroxynitrite (ONOO⁻) and HOCl. HOCl formation is also known

Fig. 3. Histological images representative of the renal parenchyma stained with H-E. Scale bar=50 μ m. Red arrows indicate tubulointerstitial changes and black arrows urinary space dilation.



to be associated with tissue damage. (30,31) On the other hand, ROS are known to contribute to the activation of proinflammatory signaling pathways such as NF- κ B. (32) To study the participation of the Cl⁻ anion in the renal inflammatory response, the expression of inflammatory markers such as p50-NF κ B and AT1R was evaluated. (33-35) The present study showed that the levels of p50-NF κ B and AT1R expression were significantly increased in the NaCl and Cl groups, which also suggest a proinflammatory state at the renal level compared with excess sodium.

On the other hand, it has been shown that PARK7, also called DJ-1 has antioxidant activity eliminating H₂O₂ and regulating the expression of several antioxidant enzymes, as superoxide dismutase (SOD). (36,37) Increased PARK7 levels were expected to increase. However, we have observed that their expression decreases in the Cl group compared with the C group. It has been demonstrated that AT1R interacts with PARK7, which could support the hypothesis that AT1R is negatively regulating it. (38) Nevertheless, further findings are still needed to elucidate this hypothesis.

CIC-5 and CIC-K1 chloride channels

The CIC-5 channel participates in the endosome acidification of kidney, intestine, and liver tissues. CIC-5

is mainly expressed in intracellular vesicles of the proximal tubule and plays a key role in exocytosis. (10) Endosomal acidification is principally achieved through the active transport of H⁺ by a vacuolar-type ATPase H⁺. Since the active transport of H⁺ is electrogenic, it requires the concurrent movement of chloride anions towards the endosomal compartments. (39) In vitro studies have recently shown that high NaCl concentrations decrease its levels of expression. (16) Currently, however, the involved specific mechanisms are unknown. Our results confirm that in excess NaCl reduces CIC-5 expression in the renal cortex compared with the C group, but not in the Cl and Na groups, suggesting an important role in the reabsorption of both ions in the renal proximal tubule. (40) The mechanism by which Cl⁻ and Na⁺ jointly reduce the expression of CIC-5 in the renal cortex is as yet unknown.

The CIC-K1 channel participates in the epithelial transport of chloride in the kidney and in the mechanisms of urinary concentration. (12) It is known that high concentrations of NaCl are associated with an increased expression of CIC-K1 in the ascending thin limb of Henle's loop, (17) but the effects of a diet rich in chlorides on the expression of this channel is unknown. Our results indicate that the NaCl and Cl groups present a higher renal expression of CIC-K1.

These findings suggest that the ClC-K1 channel has an important role in maintaining the homeostasis of the chloride anion and water by promoting its excretion.

CONCLUSION

Taken together, these results support the hypothesis that the Cl⁻ anion together with the Na⁺ cation would be co-responsible for triggering renal oxidative damage and increasing blood pressure. Therefore, further studies are necessary to test the importance of reducing the intake of both anions as a preventive non-pharmacological measure to avoid and control HTN. Our results put in evidence the participation of ClC-K1 and ClC-5 channels as mediators of this process.

Conflicts of interest

None declared.

(See conflicts of interest forms on the website).

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